#### THE GARDEN CONTINUUM

# TAKE ACTION TO REDUCE YOUR HOME CARBON FOOTPRINT

10 SIMPLE STEPS FOR HUGE IMPACT: STEPS 1 - 5

#### **DRIVE LESS**



SHOP LOCALLY ~ PLAN ERRAND RUNS

Instead of automatically driving miles to a big box store or a national chain, take a look at what's available in your community and support those organizations and efforts.

# **USER FEWER PAPER PRODUCTS**

#### MAKE A MOVE TO CLOTH

Think before you print. Use digital photo reminders and keep digital lists and task reminders.

Travel mugs are a great alternative to paper cup products. Cloth materials for cleanup and care are easily stored and washed.





# SAY "NO" TO SINGLE-USE PLASTIC

LESS POLLUTION, MORE BENEFITS

Plastic, plastic, plastic. It is everywhere. See it - replace it! Starting is as easy as swap those cases of individual plastic water bottles for a reusable, cleanable, 1-liter water bottle you can easily take anywhere.

# GO BACK TO OLD-FASHIONED GARDENING TOOLS

#### LESS POLLUTION, MORE CONNECTION

Hand-powered tools foster a more intimate relationship with your trees and shrubs, encouraging you to gain a better understanding of growth patterns and limb development, as you trim one branch at a time.





### SWITCH TO ELECTRIC EQUIPMENT

#### REDUCE NOISE AND POLLUTION

Battery-powered tools such as weed-whackers, trimmers, and blowers now boast significantly improved power and longevity. Make the transition to electric where possible, the cumulative impact will help immensely

I (508) 359-8200

The Garden Continuum, Inc,

67 West Street, Medfield, MA 02052

WWW.THEGARDENCONTINUUM.COM

#### THE GARDEN CONTINUUM

# TAKE ACTION TO REDUCE YOUR HOME CARBON FOOTPRINT

10 SIMPLE STEPS FOR HUGE IMPACT: STEPS 6 - 10



#### **ACTIVELY COMPOST AT HOME**

**USE YOUR LAND WISELY** 

Composting doesn't have to take up a lot of room.

And you don't have to generate piles of yard debris such as leaves, branches, and grass clippings - kitchen scraps are a significant source of high-quality compostable waste material.

#### SHARE PLANTS WHERE POSSIBLE

**SPREAD THE BOUNTY** 

Dividing and sharing is a great way to reduce disposable plastic pot use while improving your neighborhood and community by sharing and spreading plants around.





# **GROW YOUR OWN PRODUCE**

SOIL CONNECTION ~ HEALTH CONNECTION

Turning some unused and unproductive lawn into a garden can be a great way to eat healthier and spend less time and money shopping for food.

# SUPPORT LOCAL FARMER'S MARKET

**BUILDING LOCAL ECONOMY** 

Buying your food locally and directly from the growers provides other substantial benefits. Locally grown food is generally healthier because they are often produced with fewer chemicals that would be needed to stabilize them for long-distance distribution.





# PARTNER WITH A LOCAL ECO-FRIENDLY LANDSCAPE COMPANY

GET HELP FROM PROS WHO CARE

An experienced, local landscaping firm will have firsthand knowledge of the local ecology to create more successful landscape designs and recommendations based on the local soil, water, and weather conditions.

I (508) 359-8200

The Garden Continuum, Inc,

67 West Street, Medfield, MA 02052

WWW.THEGARDENCONTINUUM.COM